

988 Waterworks Rd,
The Gap QLD 4061



(07) 3300 1966
0404 084 088

ALL DAY BREAKFAST



Avocado Smash (V) 11.9

Smashed avocado on toasted sourdough with crumbled feta cheese, middle eastern dukkah & fresh rocket.



Bacon & Egg Roll 10.9

Crispy bacon & fried eggs in a toasty turkish bun served with either BBQ or tomato sauce



Belgian Waffles (V) 11.9

Served with cookies & cream ice cream, whipped cream & maple syrup



Eggs Benny

Poached egg on toasted turkish bread, fresh spinach with hollandaise sauce.

Grilled Mushroom (V)	16.9
Ham	16.9
Bacon	17.9
Smoked Salmon	19.9



Country Chicken 14.9

Tandoori marinated with avocado, pinenuts cranberry sauce, mozzarella cheese, fresh lettuce & our homemade mayo on a lightly toasted turkish bun



Pumpkin and Walnut Smash (V) 15.9

Roasted butternut pumpkin served on toasted sourdough with crumbled feta, crushed walnut & crunchy chickpeas with fresh rocket & out house balsamic reduction.

(V) = vegetarian

Ask about our vegan and Gluten-free options.

Please note: 15% surcharge is applied on Public Holidays

Monday - Friday 7am - 3:30pm
Saturday & Sunday 7am - 2pm

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Eggs Tomato &
Toast (V) 10.9

Your choice of either poached, fried or scrambled eggs, grilled tomato and toasted turkish bread.



Pancake Stack \$12.9

Served with maple syrup, berry compote, toasted coconut flakes, vanilla ice cream & whipped cream.



Big Breakfast 21.9

Your choice of poached/fried/scrambled eggs with toasted turkish bread, grilled tomato, haloumi, bacon, mushroom, chipolata & a hash brown.



Mushrooms On Toast (V) 15.9

Slow-roasted mushroom with grilled tomato, served on toasted turkish bread & topped with fresh rocket.



Paleo 21.9

Poached eggs, bacon, grilled mushroom, crunchy chickpeas & avocado, with spinach sauteed in coconut oil.



Toasted Croissant
Strawberry Jam & Butter 6.5
Ham & Cheese 7.5

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Veggie Delight (V)

14.9

Avocado, semi-sundried tomato, pineapple, mozzarella cheese & fresh lettuce on a lightly toasted turkish bun.



Veggie Burger (V)

16.9

Plant-based masala veg pattie with char-grilled capsicum, beetroot, tomato, rocket, vegan chipotle, mayo on a toasted turkish bun, with a side of chips.



Veggie Big
Breakfast (V)

21.9

Your choice of poached/fried/scrambled eggs with toasted turkish bread, grilled tomato, haloumi, avocado, mushroom, our homemade beans & a hash brown



B.L.T

15.9

Served on a toasted turkish bun with our homemade mayo & a side of chips.

ADD:

Bacon	3.9	Homemade	4.9
Chipolatas (2)	4.9	Hollandaise	
Mushrooms	3.9	Homemade Beans	4.9
Avocado	3.9		
Hash Brown	3.0		
Gluten Free Toast	1.5		
Eggs (2)	3.9		
Spinach (Sauteed)	4.9		
Haloumi (2)	4.9		
Smoked Salmon	4.9		

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cafe tara

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KIDS CLUB

Kid's Brekky	7.5
A poached/fried.scrambled egg, bacon & toast	
Kid's Waffle (V)	8.9
With maple syrup,vanilla ice cream & whipped cream	
Chicken Nugget & Chips	7.9
Battered Fish & Chips	7.9

TO SHARE

Tara Salad	19.9
Chilli & lime skinless chicken with char-grilled capsicum, fresh baby spinach, mixed lettuce & carrot, tossed in a sweet chilli dressing.	
Nachos (V)	17.9
A bed of cripy tortilla chips topped with tomato salsa, house beans mix & mozzarella cheese, served with fresh guacamole & sour cream.	
Whiting	18.9
Tempura whiting fillets and thick cut chips served with a garden salad & tartare sause.	
Thick cut chips (V)	
Small / Large	6.9 / 8.9
ADD:	
Aioli	2.0
Chipotle Mayo	2.0

GOURMET SANDWICHES

Dirty Harry	14.9
Bacon, egg, tomato, onion, mozzarella cheese & fresh lettuce on a lightly toasted turkish bun.	
Mama Mia (V)	14.9
Grilled eggplant, char-grilled capsicum, semi-sundried tomato, pesto, mozzarella cheese & fresh lettuce on a lightly toasted turkish bun	

CAFE TARA CLASSICS

Chicken Burger	16.9
Grilled soy marinated chicken with tomato relish, fresh tomato, rocket, swiss cheese & homemade mayonnaise, served on a toasted turkish bun, with a side of chips.	
Lamb Burger	16.9
A homemade lamb patty with tomato relish, fresh tomato, beetroot, & rocket, served on a toasted turkish bun, with a side of chips.	
Haloumi Burger (V)	16.9
Grilled haloumi with avocado, char-grilled capsicum, beetroot, tomato relish, lettuce, & homemade mayo, served on a toasted turkish bun, with a side of chips.	

LIGHT MEALS

Gourmet Fruit Loaf (V)	3.5
Toasted Croissant	
Strawberry Jam & Butter	6.5
Ham & Cheese	7.5

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DRINKS

CUSTOM BLEND COFFEE

	Cup	Mug
Short Black / Espresso	3.5	
Long Black	4.7	5.7
Flat White	4.7	5.7
Cappuccino	4.7	5.7
Piccolo	4.2	
Short Latte	4.7	
Tall Latte	5.2	5.7
Short / Long Macchiato	5.2	
Vienna	5.9	
Affogato	5.9	
Mocha	\$5.2	5.7
Chai Latte	5.2	5.7
Turmeric Latte	5.7	
Hot Chocolate	5.2	

ON ICE

Iced Latte	5.5
Iced Long Black	5.5
Iced Coffee/Mocha/ Chocolate (w/ ice cream and cream)	6.9

EXTRAS

Coffee Shot	0.5
Decaf Shot	0.5
Lactose Free Milk	0.7
Soy Milk	0.7
Almond Milk	0.7
Oat Milk	0.7
Syrups	0.7

TEA 4.9

English Breakfast
French Earl Grey
Irish Breakfast
Darjeeling
Ceylon Pekoe
Peppermint
Green
Lemongrass
Chamomile
Chai

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DRINKS

SHAKES

Vanilla/Chocolate/Caramel/
Strawberry/Lime/Blue
Heaven
Milkshake 4.9
Thickshake 5.9

FRAPPES

7.9

Coffee
Mocha
Orange, Mango &
Strawberry

SMOOTHIES 7.9

Banana/Mango/Strawberry

JUICES 4.9

Apple/Orange/Pineapple/
Cranberry

SODA & SPARKLING 3.9

Coke/Coke Zero/Diet
Coke/Sprite/Fanta/Sparkling
Mineral Water

FRESHLY MADE JUICES 7.5

TROPICAL -

Apple, orange, pineapple & mint.

BREKKY BLAST -

Apple, cucumber, carrot, capsicum & ginger.

SKIN BRIGHTENER -

Apple, carrot, beetroot & spinach.

LIVER CLEANSER -

Apple, cucumber, beetroot, celery & spinach.

BUNDERBURG RANGE 4.9

Ginger Beer/Creaming Soda/
Lemon Lime Bitters/
Traditional Lemonade/
Passionfruit/ Tropical Mango

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FROZEN MEAL MENU

BOLLYWOOD AT HOME

Chef prepared, delicious Indian
takeaway, frozen for your
convenience

Order in store or via phone/text



Mushroom Dhal (V, VG) 18

Light lentil curry made with tomato, coriander, curry leaves & lemon.

Roti Canai (V, VE) 18

Yellow curry with chickpea, zucchini, capsicum, spinach & coconut milk, served with roti.

Garam Masala Pumpkin (V, VE, GF) 18

Golden butternut pumpkin curry made with a blend of aromatic spices.

Rice (V, VG) 4

Serves two (2)

Butter Chicken 19

Braised chicken in a rich and creamy butter sauce.

A Taste Of The Tropics: Fijian Lamb Curry 19

Lamb shoulder, kept on the bone and braised with warm fijian spices until meltingly tender and perfectly infused with a taste of the tropics.

Coconut Fish Curry 19

Seared Barramundi fillets in a yellow curry made with tomato, basil, lemongrass, kaffir lime leaves & coconut milk.

Roti (V, VG) 3

One (1) flat bread

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(VE) = Vegan

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